

UPPER LIMB MASTERCLASS

17:45

Opening | **Jack Chew**



18:00

Common Sporting
Soft Tissue Hand
Injuries

**Ian
Gatt**



Understanding
Frozen Shoulders!

**Neal
Millar**



18:45

Preparing Shoulders
For Function - From
ADLs To High
Performance

**Ian
Horsely**



Vital Requirements
For Rehabilitation Of
The Elbow Joint

**Val
Jones**



19:30

The ACJ As A
Source Of Pain

**Angela
Cadogan**



Busting Booby Traps To
Show Why MSK Therapists
Should Know More About
Breast Weight

**Siobhan
O'Donovan**



20:15

Role of Shockwave
Therapy in Rotator
Cuff Calcific
Tendinopathy (RCCT)

**Benoy
Mathew**



Functional Shoulder
Assessment: Making
It Meaningful

**Ellie
Richardson**



21:00

Closing | **Jack Chew**

